



USDA Foods Fact Sheet for Schools & Child Nutrition Institutions

(last updated, 05-03-12)

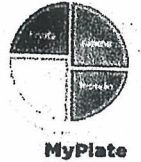
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100101 – CHICKEN, DICED, COOKED, FROZEN, IQF, 10 LB

<p>PREPARATION/ COOKING INSTRUCTIONS</p>	<ul style="list-style-type: none"> • TO THAW: Keep diced chicken in the bag or pour into a clean covered container. Thaw in refrigerator at 41°F or below for 48 hours. Use thawed ham within 24 hours. • Serve leftovers within 7 days and keep refrigerated at 41°F or below until used.
<p>USES AND TIPS</p>	<ul style="list-style-type: none"> • Use diced chicken meat on salads, in pocket sandwiches, mixed dishes, or tossed with pasta.
<p>FOOD SAFETY INFORMATION</p>	<ul style="list-style-type: none"> • Thaw frozen products in the refrigerator below fresh or ready-to-eat foods. • Heat processed ready-to-eat chicken products from a package to an internal temperature of 165 °F for at least 15 seconds as measured by thermometer. Judge doneness by temperature, not the color or texture of the food. The pink color in safely cooked chicken is due to the hemoglobin in tissues which can form a heat-stable color. Smoking or grilling may also cause this reaction, which occurs more in young birds. • Keep meat and poultry separate from other foods, wash working surfaces (including cutting boards), utensils, and hands after touching meat or poultry. • Sanitize cutting boards, utensils, and countertops by using a solution of 1 Tbsp unscented, liquid chlorine bleach in 1 gallon of water.
<p>BEST IF USED BY GUIDANCE</p>	<ul style="list-style-type: none"> • For guidance on how to effectively manage, store, and maintain USDA Foods, please visit the FDD Website at: • For additional information on product dating, go to page 13 of <i>Choice Plus Food Safety Supplement</i> at:

Nutrient values in the nutrition information section are from the USDA National Nutrient Database for Standard Reference, or are average values from vendors who provide USDA Foods. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.

USDA Nondiscrimination Statement: "The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 14th and Independence Avenue, SW, Washington, DC 20250-9410 or call (202) 720-5964 (voice or TDD). USDA is an equal opportunity provider and employer."



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(last updated, 05-03-12)

Visit us at www.fns.usda.gov/fnfi

100101 – CHICKEN, DICED, COOKED, FROZEN, IQF, 10 LB

Nutrition Information

CATEGORY	<ul style="list-style-type: none"> Meat/Meat Alternates
PRODUCT DESCRIPTION	<ul style="list-style-type: none"> Chicken meat is cooked and ready-to-eat without reheating or further cooking. Pieces are individually quick-frozen (IQF) and packed into bags. Cannot contain skin, wing meat, neck meat, giblets, or kidneys.
PACK/YIELD	<ul style="list-style-type: none"> 4/10 lb bags per case. One 40 lb box AP yields 40 lb cooked chicken meat and provides 640.0 1-oz servings cooked chicken meat. One lb AP yields 1 lb cooked chicken meat and provides 16.0 1-oz servings cooked chicken meat. CN Crediting: 1 oz diced, cooked chicken meat provides 1 oz-equivalent meat/meat alternate.
STORAGE	<ul style="list-style-type: none"> Store diced chicken frozen at 0°F or below in original shipping case off the floor. Refrigerate leftover diced chicken covered and labeled in a dated nonmetallic container and use within 2 days. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.

Chicken, diced, meat only, cooked

	1 oz (28 g)
Calories	43
Protein	8.60 g
Carbohydrate	0 g
Dietary Fiber	0 g
Sugars	0 g
Total Fat	1.16 g
Saturated Fat	0.33 g
<i>Trans</i> Fat	0 g
Cholesterol	26 mg
Iron	.36 mg
Calcium	0 mg
Sodium	13 mg
Magnesium	7.31 mg
Potassium	70 mg
Vitamin A	0 IU
Vitamin A	0 RAE
Vitamin C	0 mg
Vitamin E	0 mg



▲ ▲



GFS Cholesterol-Free Margarine, Prints, 1 Lb Block, 30/Case



Item Number: 113271 **K**

This quality butter substitute features a light and creamy, real butter taste and aroma, making it ideal for use in a variety of applications.

- Cholesterol-free

		QTY
30/Case	\$18.40 \$0.04/oz	<input type="text"/>

More

Manufacturer

Pack	30/Case
Portion Size	oz
Portion/Case	480
Kosher	Yes
Net Weight	30lbs
Vendor Item Code	11199GFS

Quantity Invoiced, Last 7-Weeks:

Week of	Block	Case
03/16/2014	0	0
03/23/2014	0	0
03/30/2014	0	0
04/06/2014	0	0
04/13/2014	0	0
04/20/2014	0	0
04/27/2014	0	0

Item Yield

CASE= 30-1# PRINTS MARGARINE SOLIDS, GFS BRAND LABEL.

Thawing Instructions

NONE

Shelf Life

COOLER= 270 DAYS FROM THE DATE OF PRODUCTION.

Basic Preparation

READY TO USE.

Marketing Tips

TABLE GRADE MARGARINE**GFS MARGARINE SOLIDS ARE A LIGHT YELLOW COLORED, SMOOTH BODY AND TEXTURED, 80% ALL VEGETABLE OIL MARGARINE, CHOLESTEROL FREE, THAT POSSES A DEFINITE BUTTER FLAVOR AND AROMA. CONTAINS 80-81% FAT CONTENT. CONTAINS 80-81% FAT CONTENT**ALL SEGMENTS**USE AS AN INGREDIENT, OR TABLE TOP

Nutrition

Based On: Rounding:

Nutritional Information for BASE CHIX 25# GFS

Product Number:	160830
Description:	AP Base, Chicken, 1tsp=>1cup, GFS

Nutritional Information			
Serving Size 1 tsp (6 g)			
Amount Per Serving			
Calories 13		Calories from Fat 5	
% Daily Value			
Total Fat	1 g	1%	
Saturated Fat	0 g	1%	
Trans Fat	0 g		
PolyUnSat	n/a	n/a	
MonoUnSat	n/a	n/a	
Cholesterol	2 mg	1%	
Sodium	762 mg	32%	
Potassium	n/a	n/a	
Total Carbs	1 g	0%	
Dietary Fiber	0 g	0%	
Sugars	1 g	n/a	
Protein	1 g	2%	
Vitamin A -	0%	Vitamin C -	0%
Calcium -	0%	Iron -	2%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

Water Soluble Vitamins		Minerals	
Thiamin B1	n/a	Phosphorus	n/a
Riboflavin B2	n/a	Zinc	n/a
Niacin B3	n/a	Magnesium	n/a
Pyridoxine B6	n/a	Copper	n/a
Cobalamin B12	n/a	Selenium	n/a
Pantothenic Acid	n/a	Calcium	0 mg
Vitamin C	0 mg	Iron	0 mg
Folic Acid	n/a	Manganese	n/a
		Iodine	n/a

School Equivalents		Fat Soluble Vitamins	
		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	n/a
		Vitamin E	n/a
Meat/Meat Alternative	n/a	Vitamin K	n/a
Fruit/Vegetables	n/a	Vitamin A	0 IU
Grain/Bread	n/a	Vitamin A	n/a
Updated for New Final Rule			
Meat/Meat Alternate	n/a		
Grain/Bread	n/a		
Fruit	n/a		
Vegetable:			
Red/Orange	n/a		
Dark Green	n/a		
Starchy	n/a		
Beans/Peas	n/a		
Other	n/a		
Notes:			
	n/a		

Ingredients:

Roasted chicken and chicken juices, salt, monosodium glutamate, sugar, autolyzed yeast extract, chicken fat, dehydrated onion, citric acid, turmeric, xanthan gum, caramel color, natural flavoring. **COMMON ALLERGENS PRESENT: None.** Nutrition and Ingredient statement updated November 2010. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.



WT/PESO NETO
32 OZ (2 LB)
907 g

SERVING SUGGESTION
SUGERENCIA PARA SERVIR

Bocadillos crocantes de zanahoria en rebanadas

**Nutrition Facts/
 Datos De Nutrición**

Serv. Size/Porción
 2/3 cup/2/3 taza (85g)
 Servings/Porciones 11
Calories/Calorías 35
 Fat Cal./Cal. Grasa 0

Amount Per Serving/ Cantidad por Porción	% Daily Value* % Valor Diario*	Amount Per Serving/ Cantidad por Porción	% Daily Value* % Valor Diario*
Total Fat/Grasa Total 0g	0%	Total Carb./Carb. Total 7g	2%
Sat. Fat/Grasa Sat 0g	0%	Fiber/Fib. Diet 2g	8%
Trans Fat/Ácid. Trans 0g		Sugars/Azúcares 4g	
Cholest./Coolest. 0mg	0%	Protein/Proteínas <1g	
Sodium/Sodio 60mg	3%		

Vitamin/Vitamina A 60% • Vitamin/Vitamina C 2% • Calcium/Calcio 2% • Iron/Hierro 0%
 * Percent Daily Values are based on a 2,000 calorie diet. * Los porcentajes de Valores Diarios están basados en una dieta de 2,000 calorías.

Ingredients: Carrots.
Ingredientes: Zanahorias.

Nutritional Information for PEAS GREEN IQF 30# KE

Product Number:	283760
Description:	Peas green frozen cooked boiled drained

Nutritional Information			
Serving Size .5 cup (80 g)			
Amount Per Serving			
Calories 62		Calories from Fat 2	
% Daily Value			
Total Fat	0 g	0%	
Saturated Fat	0 g	0%	
Trans Fat	n/a		
PolyUnSat	0 g	n/a	
MonoUnSat	0 g	n/a	
Cholesterol	0 mg	0%	
Sodium	58 mg	2%	
Potassium	88 mg	3%	
Total Carbs	11 g	4%	
Dietary Fiber	4 g	18%	
Sugars	4 g	n/a	
Protein	4 g	8%	
Vitamin A -	34%	Vitamin C -	13%
Calcium -	2%	Iron -	7%
Percent Daily Values are based on a 2,000 calorie diet			
Calories Per Gram:			
	Fat 9	Carbohydrates 4	Protein 4

Water Soluble Vitamins		Minerals	
Thiamin B1	0 mg	Phosphorus	62 mg
Riboflavin B2	0 mg	Zinc	1 mg
Niacin B3	1 mg	Magnesium	18 mg
Pyridoxine B6	0 mg	Copper	0 mg
Cobalamin B12	0 mcg	Selenium	1 mg
Pantothenic Acid	0 mg	Calcium	19 mg
Vitamin C	8 mg	Iron	1 mg
Folic Acid	0 mcg	Manganese	0 mg
		Iodine	n/a

School Equivalents		Fat Soluble Vitamins	
		Vitamin D	n/a
Child Nutrition Label	No	Vitamin D	n/a
		Vitamin E	0 mg
Meat/Meat Alternative	n/a	Vitamin K	19 mcg
Fruit/Vegetables	n/a	Vitamin A	1680 IU
Grain/Bread	n/a	Vitamin A	n/a
Updated for New Final Rule			
Meat/Meat Alternate	n/a		
Grain/Bread	n/a		
Fruit	n/a		
Vegetable:			
Red/Orange	n/a		
Dark Green	n/a		
Starchy	n/a		
Beans/Peas	n/a		
Other	n/a		
Notes:			
	n/a		

Ingredients:

Green Peas, salt. COMMON ALLERGENS PRESENT: None. Nutrition and Ingredient statement updated May 2013. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.



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(last updated, 08-04-13)

Visit us at www.fns.usda.gov/fdd

110215 – FLOUR, ALL PURPOSE, ENRICHED, UNBLEACHED, 25 LB

Nutrition Information

CATEGORY	<ul style="list-style-type: none"> Grains/Breads
PRODUCT DESCRIPTION	<ul style="list-style-type: none"> U.S. No. 2 grade or better unbleached wheat flour enriched with thiamin, riboflavin, niacin, folic acid, and iron. May have added calcium.
PACK/YIELD	<ul style="list-style-type: none"> 25 lb bag. One 25 lb bag AP yields about 91 ½ cups. One lb AP yields about 3⅔ cups. CN Crediting: Flour serves as a recipe ingredient; crediting is based on the recipe and portion size. For more information, see section 3 Grains/Breads in the <i>Food Buying Guide for Child Nutrition Programs</i>.
STORAGE	<ul style="list-style-type: none"> Store flour off the floor in a cool, dry, well-ventilated place (ideal temperature of 50 °F and relative humidity between 50 and 70%). If ideal storage conditions are not available, store flour under refrigeration. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.

Wheat flour, white, all-purpose, enriched, unbleached

	¼ cup (31 g)	1 cup (125 g)
Calories	114	455
Protein	3.23 g	12.91 g
Carbohydrate	23.85 g	95.39 g
Dietary Fiber	0.8 g	3.4 g
Sugars	0.08 g	0.34 g
Total Fat	0.31 g	1.22 g
Saturated Fat	0.05 g	0.19 g
Trans Fat	0 g	0g
Cholesterol	0 mg	0 mg
Iron	1.45 mg	5.80 mg
Calcium	5 mg	19 mg
Sodium	1 mg	2 mg
Magnesium	7 mg	28 mg
Potassium	33 mg	134 mg
Vitamin A	1 IU	2 IU
Vitamin A	0 RAE	0 RAE
Vitamin C	0 mg	0 mg
Vitamin E	0.07 mg	0.29 mg



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110215 – FLOUR, ALL PURPOSE, ENRICHED, UNBLEACHED, 25 LB

PREPARATION/ COOKING INSTRUCTIONS	<ul style="list-style-type: none"> • Use as directed in recipes.
USES AND TIPS	<ul style="list-style-type: none"> • Flour is the primary ingredient in baked items of all types and is used as a thickening agent for sauces and gravies.
FOOD SAFETY INFORMATION	<ul style="list-style-type: none"> • Visually inspect for presence of foreign substances, insects, or mold before use.
BEST IF USED BY GUIDANCE	<ul style="list-style-type: none"> • For guidance on how to effectively manage, store, and maintain USDA Foods, please refer to the policy memo on the FDD Website at: http://www.fns.usda.gov/fdd/policymemo/pmfd107_NSLP_CACF_SFSP_CSFP_FDPIR_TEFAP_CI-StorandInvMgmt.pdf.

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Borden Whole Milk, Refrigerated, 1 Gal, 4/Case

Item Number: 512109 **K**

This fresh whole milk features a creamy taste with added vitamin D. Without any added artificial growth hormones, these reclosable jugs make it easy to serve a nutritious drink. Brand may vary.

- USDA Grade A

4/Case	\$18.20 \$0.04/fl	QTY <input type="text"/>
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More

Manufacturer

Pack	4/Case
Portion Size	fl oz
Portion/Case	512
Kosher	Yes
Net Weight	34.4lbs
Vendor Item Code	19486
UPC Code 1	73000733728

Quantity Invoiced, Last 7-Weeks:

Week of	Jug	Case
03/23/2014	0	0
03/30/2014	0	0
04/06/2014	0	0
04/13/2014	0	0
04/20/2014	0	0
04/27/2014	0	0
05/04/2014	0	0

Item Yield

CASE= 4-1 GALLON JUGS FRESH WHITE WHOLE MILK. COUNTRY FRESH BRAND IN GREAT LAKES WEST, GREAT LAKES EAST, OHIO VALLEY, AND CENTRAL STATES. VELDA FARMS BRAND IN HENRY LEE.

Thawing Instructions

N/A. KEEP REFRIGERATED. THE RECOMMENDED STORAGE TEMPERATURE IS BETWEEN 33 DEGREES AND 40 DEGREES. THE PASTEURIZED MILK ORDINANCE INDICATES AN ACCEPTABLE TEMPERATURE RANGE OF LESS THAN OR EQUAL TO 45 DEGREES F.

Shelf Life

COOLER= "USE BY" DATE ON PKG.

Basic Preparation

READY TO USE. NO PREPARATION IS NEEDED. RESEAL AND IMMEDIATELY REFRIGERATE ANY UNUSED PORTION FOR FUTURE USE BY THE EXPIRATION DATE LOCATED ON THE BACK OF THE CONTAINER.

Marketing Tips

MILK IN LARGER CONTAINERS FOR SERVING IN GLASSES FOR INDIVIDUAL CONSUMPTION OR FOR USE IN COOKING.**CONSISTENT HIGH QUALITY VITAMIN D WHOLE WHITE MILK.THE EASY POUR RESEALABLE GALLON PLASTIC CONTAINERS CAN BE RECYCLED AND PROVIDE A GREAT OPTION TO QUART CONTAINERS FOR MEDIUM VOLUME USERS. THIS PRODUCT IS PASTEURIZED BY A PROCESS DESIGNED TO KILL 99.999% OF THE VIABLE MICRO-ORGANISMS IN MILK AND EXTENDS THE SHELF LIFE TO 2 TO 3 WEEKS ASSUMING THAT THE PRODUCT IS HANDLED AND STORED PROPERLY.**GREAT FOR RESTAURANTS, SCHOOLS, HEALTHCARE, CAMPS, CAFETERIA, AND CATERING**THIS PRODUCT CAN BE USED IMMEDIATELY IN RECIPES OR FOR DIRECT CONSUMPTION.

Nutrition

Based On:

Rounding:

Ingredients

For ingredient or allergen information please contact Country Fresh at (800) 748-0480 webpage: <http://www.bordendairy.com/>. Product number: 19486. Nutrition updated June 2013. The nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

Nutrition Facts

Serving Size 1 cup (240g)	
Amount Per Serving	
Calories 150	Calories From Fat 72
	% Daily Value *
Fat 8g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol 35mg	12%
Sodium 125mg	5%
Potassium 390mg	11%
Carbohydrates 12g	4%
Fiber 0g	n/a
Sugar 12g	
Protein 8g	16%
Vitamin A IU 6% Vitamin C 4% Vitamin D IU null% Calcium 30%	
Iron 0%	
* Based on a 2000 calories diet	
Calories Per Gram:	
Fat: 9 Carbohydrates: 4 Protein: 4	